



## ***The 2011 -2012 Lecture Series***

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| <b>Time for each talk:</b> | 7.00 - 8.30pm                                       |
| <b>Location:</b>           | Main Lecture Theatre/Hall of St. Patrick's Hospital |

*Date:* Wednesday, September 21st, 2011  
*Topic:* **An Introduction to Cognitive Behavioural Therapy (CBT) for the Treatment of Obsessive Compulsive Disorder**  
*By:* Yvonne Tone, Trinity College Student Counsellor, Cognitive Behavioral Therapist

*Date:* Wednesday, October 19th, 2011  
*Topic:* **An Introduction and Overview of OCD - A Psychiatric Perspective**  
*By:* Prof. Jim Lucey, MD, MrcPsych, PhD, Consultant Psychiatrist, Medical Director of St. Patrick's Hospital and Clinical Professor of Psychiatry at Trinity College

*Date:* Wednesday, November 16<sup>th</sup>, 2011  
*Topic:* **OCD in Children and Adolescents**  
*By:* Dr. Clodagh Dowling, B.A., M.Sc., D. Clin. Psych., Clinical Psychologist in the Adolescent Mental Health Service at St. Patrick's Hospital

*Date:* Wednesday, January 18th, 2012  
*Topic:* **An Overview of Trichotillomania (TTM/Trich)**  
*By:* Leslie Shoemaker, BA, MSc, RegPsychol(PsSI), Counselling Psychologist, Advisor to OCD Ireland

*Date:* Wednesday, February 1st, 2012  
*Topic:* **OCD, BDD and Trich/TTM and the Family**  
*By:* Dr Michael McDonough, Consultant Psychiatrist, Cognitive Behavioral Therapist, and Director of the Anxiety Unit at St. Patrick's Hospital

*Date:* Wednesday, February 15th, 2012  
*Topic:* **An Overview of Body Dysmorphic Disorder (BDD)**  
*By:* Fionnula MacLiam, Cognitive Behavioral Therapist, B.A., RGN, RMN, PGDipPsych, RegPsychol(PsSI)

**Date:** Wednesday, March 21st 2012  
**Topic:** **An Overview of Acceptance and Commitment Therapy (ACT) and How it Applies to OCD, BDD and TTM**  
**By:** Aisling Curtain, BA, MSc, Counselling Psychologist, ACT Now Ireland Director

**Date:** Wednesday, April 4th, 2012  
**Topic:** **An Introduction to Mindfulness and its application to Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)**  
**By:** Debbie Van Tonder, RGN, RM, RPN, RCN (SA), RMN (UK), RPN (IRELAND), MBSR & MBCT course facilitator

**Date:** Wednesday, May 16th, 2012  
**Topic:** **An Introduction to Cognitive Behavioural Therapy (CBT) for the Treatment of Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)**  
**By:** Fionnula MacLiam, Cognitive Behavioral Therapist, B.A., RGN, RMN, PGDipPsych, RegPsychol(PsSI)

**Further Details:**

**Location:** St. Patrick's Hospital, James Street, Dublin 2

**Car Park:** Parking is available in St. Patrick's Hospital.

**LUAS:** The Luas runs every few minutes on the Tallaght Line and it will bring you quite close to St. Patrick's Hospital (get off at Heuston Station and it is a 5 minute walk from there).

**Bus:** 123 | [206](#) | [51B](#) | [51N](#) | [69N](#) | [78A](#) | Go to James Street and from there it is a 5-10 minute walk.

Please visit our website at [www.ocdireland.org](http://www.ocdireland.org) for further information about this lecture series as well as for details and meeting calendars regarding our support groups which are held at St. Patrick's Hospital. Currently there is a group for people with OCD that meets three times each month, a monthly group for people with TTM/Trich and a monthly group for people who have BDD as well the monthly group for family, friends and carers.

These events have been approved for **CPD credits** for members of the **PSI**. Each lecture is entitled to receive 1.5 CPD's (CPD Number: 11037) and the talks are open to individuals with an interest in these disorders as well as for professionals and students.

*\*\* The St. Patrick's Information Centre and Bookstore has many good books available that pertain to these subjects.*

**LET'S MOVE THINGS FORWARD**