



An Invitation to attend a Free Lecture – The OCD Ireland Lecture Series for 2010 – 2011

Time for each talk:	7.00 - 8.30pm
Location:	Main Lecture Theatre/Hall of St. Patrick's Hospital
Audience:	The content of the talks are designed to be delivered to mental health professionals, students as well as to interested members of the public. PSI grants 1.5 CPD credits for each talk (CPD Number: 10043).

Date: Wednesday, September 15th, 2010
Topic: **An Introduction to Cognitive Behavioural Therapy (CBT) for the Treatment of Obsessive Compulsive Disorder**
By: Yvonne Tone, Trinity Student Counsellor, Cognitive Behavioral Therapist

Date: Wednesday, October 20th, 2010
Topic: **OCD, BDD and Trich/TTM and the Family**
By: Dr Michael McDonough, Consultant Psychiatrist and Cognitive Behavioral Therapist at St. Patrick's Hospital

Date: Wednesday, November 24th, 2010
Topic: **OCD in Children and Adolescents**
By: Dr Clodagh Dowling, Clinical Psychologist, Adolescent Mental Health Service, St. Patrick's Hospital

Date: Wednesday, January 19th, 2011
Topic: **An Overview of Trichotillomania (TTM/Trich)**
By: Leslie Shoemaker, Counselling Psychologist

Date: Wednesday, February 16th, 2011
Topic: **An Overview of Body Dysmorphic Disorder (BDD)**
By: Fionnula MacLiam, Cognitive Behavioral Therapist and CBT lecturer

Date: Wednesday, March 23rd, 2011
Topic: **An Introduction and Overview of OCD - A Psychiatric Perspective**
By: Dr. Jim Lucey, Consultant Psychiatrist and Medical Director, St. Patrick's Hospital

Date: Wednesday, April 6th, 2011
Topic: **An Introduction to Mindfulness and its application to Obsessive Compulsive Disorder (OCD), Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)**
By: Debbie Van Tonder, RGN, RM, RPN, RCN (SA), RMN (UK), RPN (IRELAND), MBSR & MBCT course facilitator

Date: Wednesday, May 18th, 2011
Topic: **An Introduction to Cognitive Behavioral Therapy (CBT) for the Treatment of Body Dysmorphic Disorder (BDD) and Trichotillomania (TTM/Trich)**
By: Fionnula MacLiam, Cognitive Behavioral Therapist and CBT lecturer

Further Details:

Location: St. Patrick's Hospital, James Street, Dublin 2

Car Park: Parking is available in St. Patrick's Hospital.

LUAS: The Luas runs every 5 minutes on the Tallaght Line and it will bring you straight to St. Patrick's Hospital (get off at Heuston Station and follow the Luas Line up the hill. The hospital entrance is on the right).

Bus: 123 | [206](#) | [51B](#) | [51N](#) | [69N](#) | [78A](#) | Go to James Street and from there it is a 5-10 minute walk.

Please visit our website at www.ocdireland.org for further information about this lecture series as well as for details and meeting calendars regarding our support groups which are mainly held at St. Patrick's Hospital. Currently there is a twice a month group for people with OCD, a monthly group for TTM/Trich and a monthly group for BDD as well the monthly group for family, friends and carers.

**** The St. Patrick's Information Centre and Bookstore is open. They have many good books available that pertain to these subjects.**

LET'S MOVE THINGS FORWARD 