

OCD
Ireland

*Obsessive Compulsive Disorder
in Ireland*



OCD Support Group

- Do you ever find yourself doing the same thing over and over again without understanding why?
- Do you experience persistent, intrusive, unwanted thoughts, ideas, urges that cause you discomfort or distress?
- You're not alone!!! You maybe be experiencing the symptoms of **OCD**, **O**bsessive **C**ompulsive **D**isorder
- **OCD** Ireland has started a group to offer support/ information in *confidential* surroundings to people who may have **OCD** .
- The support group is only for OCD sufferers and people who have concerns that they may be suffering from OCD.
- OCD sufferers, family members, friends, carers and any interested people are invited to attend public lectures which will be hosted by selected Mental Health Professionals (information at the top of this page).

You are invited to attend the ***Support Group Meetings***

Venue: St. Patrick's Hospital , Room F (Ask at main reception), James Street, Dublin 2.

Time: 8.00pm

When: The meetings are twice a month (calendar on **OCDIreland.org** site)

LUAS Information

The Luas runs every 5 minutes on the Green Line and it will bring you straight to St. Patrick's Hospital (get off at Heuston Station).

Bus information

123 | [206](#) | [51B](#) | [51N](#) | [69N](#) | [78A](#) | To James Street and from there 5-10 minute walk.

Please visit our website at www.ocdireland.org for further information